

# Anglican Fellowship of Prayer (Canada)

***“supporting, serving, and encouraging prayer”***

AFP-C NEWSLETTER—Vol. 24, No. 4

FALL 2016



Photo by  
Simon Chambers

Director Archdeacon Paul Feheley

Friends:

I am a habitual list maker. Whether it is a function of my age, personality type, work habits or a need for organization I do not know. What I do know is that frequently I have so many lists on the go that I need a list just to keep track of the lists! One of those lists that is so important to me is the one marked prayer. Many of us often find ourselves saying to people, particularly those in some kind of need- ‘I’ll pray for you’. Those four words offer support, hope, encouragement, thanks and a commitment to remember before God that person and the difficulties, dreams, challenges or issues that accompany them on their life’s journey. Too often we say we will pray but then forget and, most importantly, fail to let the person know that we have prayed for them. For me the list is a valuable way to recall my commitment to others to bring them and their needs and joys before God and to tell them of my prayers.

My prayer list this autumn is a veritable cornucopia of thanksgiving for people and the Fellowship of Prayer. Here are a few examples:

1. I am very grateful for the presence of AFP at General Synod last July. In a difficult meeting, there was a high need for a non political, non partisan group to be present and offer a place for quiet prayer and support, a listening ear and a reminder of what is truly important before God.
2. I am thankful for an exciting new venture that AFP is embarking on in regards to the “Prayers of the People” (There are more details available in this newsletter.) . This program has the opportunity to unite Canadians and people beyond our shores in working together to create, week by week, significant and meaningful prayers for our use both personally and in our parishes. It is the very thing I have hoped AFP would develop.
3. I thank God for a very dedicated, creative and energetic executive and for the diocesan representatives. Every person involved with AFP is a volunteer who does what they do because they believe in prayer and the difference it makes in peoples lives.
4. I am grateful to God for the gift of my family. Without the sustaining love and care that they bring to my life very little of it would have meaning or purpose. I feel very blessed and enriched by their support.

Needless to say the list could go on and on... Sufficient to say; may you have a blessed Thanksgiving and - perhaps **make a list!**

## Current Work of the Anglican Fellowship of Prayer

Please find enclosed our annual AFP-C Appeal Letter: **Come Pray with Us - 2016.**

We are extending an invitation to our praying partners to share our energy, prayers and money to help support this important work to which God has called us all. Donations can be made by mail or by visiting our website: **[www.anglicanprayer.org](http://www.anglicanprayer.org)** and following the links.

Why are you cast down, O my soul, and why are you disquieted within me? Hope in God; for I shall again praise him, my help and my God. *Psalm 42:11*

It is the Lord who goes before you. He will be with you; he will not fail you or forsake you. Do not fear or be dismayed. *Deuteronomy 31:8*

Anglican Fellowship of Prayer Canada

P.O. Box 78084, Meriline, NEPEAN, ONTARIO K2E 1B1

[www.anglicanprayer.org](http://www.anglicanprayer.org)

## DIOCESE OF BRITISH COLUMBIA WORKSHOP

Rev. Heather Cutten



On Saturday, May 7<sup>th</sup>, 2016, in the Diocese of British Columbia (Duncan) a workshop was offered showing people some of the various ways we can pray and speak to God and hear God. The workshops consisted of: Lectio Divina, Taize, centering prayer, Benedictine prayer and the Anglican rosary.

A total of 25 people signed up for the work shop and were able to participate in two to three of the five offerings in the time given. It was well received and a request was made by many that we hold another workshop so that they might take part in the parts of the workshop they missed. It was a day of fellowship, prayer and getting to meet other Anglicans from north to south of Vancouver Island, and the gulf islands. The response was encouraging enough that we will try to hold another workshop in the near future.



Left to Right: Phyllis Thompson, Rob Crosby-Shearer, Heather Page, the Rev. Christopher Page, Mary Clare Carder, and the Rev. Heather Cutten

## From the Diocese of Montreal

**Betty Ross**, one of our parish representatives, received her E.F.M. (Education for Ministry) certificate from the University of The South at the Montreal Diocesan Theological College Convocation this past May. The Montreal Diocesan Representatives, Valerie and Stacey, wish to congratulate her on this great achievement.

## Diocese of Eastern Newfoundland and Labrador

**Christine Lynch**, the AFP\_C Diocesan Representative for Eastern Newfoundland and Labrador, was ordained to the priesthood earlier this September. The Executive Committee takes great pleasure in congratulating her.

## BOOK REVIEW

Experiencing God's Love in the  
Deep Soulful Places

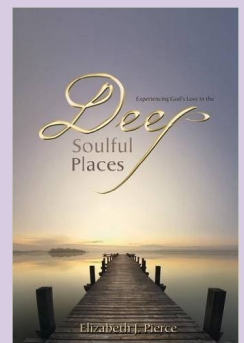
By Elizabeth Pierce - Castle Quay Books, 2014

*Reviewed by Martha Cosan*

This year the Prayer and Bible Study Group at St. Alban the Martyr Anglican Church in London, Ontario, studied the book, "Deep Soulful Places." The author is a relative of one of our members.

As humans, we have a great need to be loved. God meant this need to be filled by Him. The author explains that God's unending love for us needs to be felt at our core, the soulful places deep within us. Elizabeth says "This book is my attempt to show what grasping the reality of that unending love really means in the deep places where our hurts, our woundedness and the realities of our imperfect lives are hidden and often collide with His vision of our future." Using biblical references and her own experiences as wife, mother and clinical social worker, Elizabeth takes us on a journey to discover just how much God loves each and every one of us.

This book is very personal, insightful and readable. Chapters talk about different meanings of God's love. The appendices are helpful resources. The book helps us grow in our love and knowledge of God.





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**Remember to check out our Facebook page with daily quotes on prayer. Join us at “Anglican Fellowship of Prayer (Canada)”**

## Getting to Know Your Executive— Win Mizon

Win has been on the Anglican Fellowship of Prayer – Canada executive committee since 2008 as the Newsletter Editor. She has also taken on the job of Membership Coordinator in the last few years.



Win considers herself a “cradle” Anglican having been involved in the Anglican Church since her birth. Her mother was very instrumental in Win’s prayer life at an early age. Win is a widow of twelve years with two grown children. Her daughter has given her two lovely granddaughters aged 6 and 9 years. She is looking forward to her son’s wedding in June 2017.

Over the years, Win has taught Sunday School, sung in the choir, was a member of the JA (Junior Auxiliary), did the parish bulletin and newsletter, organizes the sides persons, and is a member of the parish prayer group.

Win is a retired elementary teacher of 15 years, and keeps active with family, friends, the church, computers, and going to live theatre. She loves to sew and especially quilt.

Win prays that her health will permit her to continue her work with the Anglican Fellowship of Prayer.

## DIOCESE OF HURON:

## FALL GATHERING

### **Different Strokes For Different Folks: *Prayer and Personality***

**Saturday, October 1, 2016**

**St. Jude’s 1537 Adelaide St. N.**

**10 am - 3 pm**

*Discussion on characteristics of prayer, personality assessment, several presentations, Eucharist, fellowship, book browsing, snacks*

*Please bring bag lunch*

*Freewill offering will be taken*

**To register please contact: Rev. Kim Metelka kametelka@gmail.com**

**2896 Old Lakeshore Road, Brights Grove, ON N0N 1C0**

**519-869-2403**

**OR**

**text info to 519-464-8892**

**Herb O’Driscoll:** For those of you who have missed Herb’s articles in the newsletter, you can find them on the website: **[www.anglicanprayer.org](http://www.anglicanprayer.org)** and following the links. If you wish to print the article you will have to scroll to the bottom of his article and click on “Print This Article”. This opens a new window. Again scroll to the bottom of the article and click on “Click here to print” or you can right click on this article and click “Print”. We are aware that some of you do not have access to the internet. For you, we recommend you find someone who can print it for you. If all else fails contact our Newsletter Editor, Win Mizon, by calling her at 519-433-7485 or at the AFP-C address: **P.O. Box 78084, Meriline, NEPEAN, ON K2E 1B1**

**I waited patiently for the Lord; he inclined to me and heard my cry. He drew me up from the desolate pit, out of the miry bog, and set my feet upon a rock, making my steps secure. He put a new song in my mouth, a song of praise to our God. Many will see and fear, and put their trust in the Lord.**

*Psalm 40:1-3*

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## CANADA PRAYS

When the disciples asked "Lord, teach us to pray," they were not hoping to develop a new skill. Rather, they were working to enhance their ongoing and daily communication with God, with hopes to better align their lives with the will of the divine.

Jesus' response was the perfect invitation for all of his followers throughout the ages. He invites us to enter into that mystical dance with the Holy One, through the simple and poignant act of prayer.

This fall, the Anglican Fellowship of Prayer (AFP) has joined with the Society of St. John the Evangelist in CANADA PRAYS, a project encouraging us all to delve deeper into the shared mystery of that prayerful experience. Using the seven models of prayer (thanksgiving, petition, penitence, oblation, intercession, praise, and adoration), we are all being invited to participate in the daily exercise of prayer at [prayersofthepeople.org](http://prayersofthepeople.org).

For seven weeks, starting at Thanksgiving and leading up to Advent, we will focus on one model of prayer each week, highlighted in a blog on **The Community** ([thecomcommunity.anglican.ca](http://thecomcommunity.anglican.ca)). In Advent we will return to one model per day. Prayers will be welcomed through social media (**Facebook, Twitter, Instagram**) by use of a double-hashtag (i.e. #prayersof #thanksgiving).

Commenting on the project Archdeacon Paul Feheley, the National Director of AFP said, "This project is an exciting step forward for AFP as we work to develop new and exciting prayer resources for all Christians. These prayers are truly the prayers of the people, reflecting the truth of God active in our lives from the depths of our being. As more people participate, the richness will increase."

These prayers will remain on the [prayersofthepeople.org](http://prayersofthepeople.org) website, and we encourage intercessors to consider including them for use in common worship.

Pray with us at: <http://prayersofthepeople.org> and use #prayersof on social media

Like us on Facebook and write on our page: <https://www.facebook.com/prayersof/>

Visit the AFP website: [anglicanprayer.org](http://anglicanprayer.org).

### CANADA PRAYS

October 9th:	#prayersof	#Thanksgiving	God of grace, I give thanks
October 16th:	#prayersof	#Petition	God of the ages, I ask your help
October 23th:	#prayersof	#Penitence	God of forgiveness, I am sorry
October 30th:	#prayersof	#Oblation	God of vision, I offer to you
November 6th:	#prayersof	#Intercession	God of compassion, I pray for
November 13th:	#prayersof	#Praise	God of glory, I praise you
November 20th:	#prayersof	#Adoration	God of love, I adore you



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[newsletter@anglicanprayer.org](mailto:newsletter@anglicanprayer.org)  
 Next newsletter  
 Advent/Christmas 2016.